

## Behaviour Management Policy Ethos

Our setting believes that children flourish best when their personal, social and emotional needs are met and where there are clear and developmentally appropriate expectations for their behaviour.

We aim to teach children to behave in socially acceptable ways and to understand the needs and rights of others. The principles guiding management of behaviour exist within the programme for supporting personal, social and emotional development.

## **Designated Practitioner**

Megan Haggerty is our designated practitioner who has overall responsibility for Behaviour Management. Megan is able to access any relevant training on a regular basis and is kept up to date with the relevant changes.

Megan has the necessary skills to advice other staff on behaviour issues and passes on any new information she receives.

## **Expert Advice**

If we needed expert advice on dealing with behaviour we would contact our AREA SENCO, Heather Betts, who would give us the advice and support we need.

## Strategies used to promote positive behaviour

- We require all staff; volunteers and students to use positive strategies for handling
  any inconsiderate behaviour, by helping children find solutions in ways which are
  appropriate for the children's ages and stages of development. Such solutions might
  include, for example, acknowledgement of feelings, explanation as to what was not
  acceptable and supporting children to gain control of their feelings so that they can
  learn more appropriate responses.
- We ensure that there are enough popular toys and resources and sufficient activities available so that children are meaningfully occupied without the need for unnecessary conflict over sharing and waiting for turns.
- We acknowledge considerate behaviour such as kindness and willingness to share.
- We support each child in developing self-esteem, confidence and feelings of competence.
- We support each child in developing a sense of belonging in our group, so that they feel valued and welcome.
- We avoid creating situations in which children receive adult attention only in return for inconsiderate behaviour.
- When children behave in inconsiderate ways, we help them to understand the outcomes of their action and support them in learning how to cope more appropriately.
- We never send children out of the room by themselves.
- We never use physical punishment, such as smacking or shaking. Children are never threatened with these.

- We do not use techniques intended to single out and humiliate individual children.
- We use physical restraint, such as holding, only to prevent physical injury to children
  or adults and/or serious damage to property. If physical intervention is necessary,
  this will be recorded and parents/carers will be informed. They will also need to sign
  these records.
- Details of such an event (what happened, what action was taken and by whom, and the names of the witnesses) are brought to the attention of our setting leader and are recorded in the child's personal file. The child's parent is informed on the same day.
- In cases of serious misbehaviour, such as racial or other abuse, we make clear immediately the unacceptability of the behaviour and attitudes, by means of explanations rather than personal blame.
- We do not shout or raise our voices in a threatening way to respond to children's inconsiderate behaviour.
- We recognise that young children behave in hurtful ways towards others because they have not yet developed the means to manage intense feelings that sometimes overwhelm them.
- We will help them manage these feelings, as they have neither the biological means nor the cognitive means to do this for themselves.
- We understand that self-management of intense emotions, especially of anger, happens when the brain has developed neurological systems to manage the physiological processes that take place when triggers activate responses of anger or fear.
- Therefore, we help this process by offering support, calming the child who is angry as well as the one who has been hurt by the behaviour.
- We recognise that young children require help in understanding the range of feelings experienced. We help children recognise their feelings by naming them and helping children to express them, making a connection verbally between the event and the feeling.
- We help young children learn to empathise with others, understanding that they have feelings too and that their actions impact on others' feelings. "When you hit Adam, it hurt him and he didn't like that and it made him cry"
- We support social skills through modelling behaviour, through activities, drama and stories. We build self-esteem and confidence in children, recognising their emotional needs through close and committed relationships with them.

When dealing with children's unacceptable behaviour we always take into account the age of the child we are dealing with, making sure our methods are age appropriate.

Any significant incidents of behaviour will be recorded on the relevant forms and parents/carers will be asked to read and sign it for our records.

Updated on 15.08.2017 by Anila Asghar